

17555 PEAK AVENUE MORGAN HILL CALIFORNIA 95037

Draft SENIOR ADVISORY COMMITTEE

After Action REGULAR MEETING

MAY 7, 2001

Morgan Hill Civic Center

Council Chambers 17555 Peak Ave.

Senior Advisory Committee

Chair Marilyn Gadway
Vice-Chair William K eig
Committee Member Doris Bateman
Committee Member John B autista
Committee Member La Gina M etcalf
Committee Member Kenneth Mort

Parks & Recreation Commissioner Craig van Keulen

2:00 P.M.

CALL TO ORDER

The meeting was called to order by Chair Gadway at 2:03 p.m.

ROLL CALL ATTENDANCE

Absent - Committee Member Bateman

DECLARATION OF POSTING OF AGENDA

Per Government Code 54954.2

PLEDGE

Led by Committee Member Metcalf

OPPORTUNITY FOR PUBLIC COMMENT

Ken Tougas suggested Agenda Item 2-YMCA Senior Center Yearly Report be deferred to the June 4,2002 meeting in order to give the Committee an opportunity to review the report.

VERBAL REPORTS

YMCA SENIOR PROGRAM MONTHLY UPDATE

YMCA Senior Program Staff

Teri Nelson, Executive Director noted an error in the meeting minutes from the April 2, 2002 meeting. In the meeting minutes, the amount raised by the Senior Community Support Campaign was incorrect. The minutes stated \$100,000 had been raised. The correct amount, \$76,00, had been raised as of April 2, 2002 with a goal of \$95,000 by June 30, 2002.

Ms. Nelson reported the YMCA hired a new Senior Program Director. The new Director will attend the June Senior Advisory Committee meeting. Activities for the month of May include a presentation by Michelle Ashen on May 21st. Ms. Ashen's presentation will focus on providing information on helping seniors finance the costs of a nursing facility as well as tax and financial planning. Ms. Ashen is returning to the Senior Center at the request of the seniors. Ms. Ashen has her own business but, does not advertise or hand-out business cards. Ms. Nelson stated she volunteers her time when she makes her presentations and genuinely likes to help seniors. The group Young at Heart will perform at the Senior Center on May 20th. Bingo will begin at the Center as soon as the cage arrives. The Computer Co-Pilots program will continue. Student volunteers from Live Oak will continue to provide computer training and assistance at the Senior Center. Camp's Travel has several trips planned which will originate out of the Senior Center. Ms. Nelson stated that Camp's Travel is not associated with the YMCA. Committee Member Harkness asked if Camp's Travel is able to accommodate persons with disabilities on their buses. Ms. Nelson stated she would find out if they are able to accommodate disabled or handicapped persons. The Senior Center will hold a BBQ in June.

The Senior Companions Program sponsored by the City of San Jose is expanding to South County. Ms. Nelson will meet with program personnel to discuss the possibility of the YMCA acting as the "home base" for the program. The Senior Companions Program matches independent seniors with frail or homebound seniors. Seniors who act as companions will receive a stipend and additional auto insurance.

PARKS AND RECREATION COMMISSION MEETING

Staff Balagso

Staff Balagso reported the PRC voted to move the Senior Nutrition Program to the new Indoor Community Recreation Center. The PRC based its decision on the three following reasons:

- 1. Senior Nutrition Program is one component of a \$26 million project.

 The Commission does not want to isolate the Senior Nutrition Program at an off-site location. The Commission wants to keep all senior programs and services together at one site.
- 2. Moving the Senior Nutrition Program to the new site, will allow the 3,200 square feet at the Friendly Inn, now dedicated to the Nutrition Program, be used for other purposes by either the YMCA or City of Morgan Hill.
- 3. The Senior Advisory Committee indicated a desire to have inter-generational activities at the new center and the PRC wants to provide the Nutrition Program participants with an opportunity to take part in these activities.

Several members of the Senior Advisory Committee asked if the PRC was still going to research the renovation of the Friendly Inn. Staff Balagso responded that at this time, she believed they were no plans to study the costs of

renovating the Friendly Inn. Chair Gadway stated she composed a statement which could be sent to the City Council and PRC that explained the reasons why the Senior Advisory Committee recommended renovating the Friendly Inn in order to allow the Nutrition Program to remain at the site. She stated she felt the Senior Advisory Committee had conducted sufficient research to conclude that the Senior Nutrition Program requires a dedicated kitchen, just as the Indoor Community Recreation Center requires a kitchen that will be accessible to the community. A joint-use kitchen will preclude the community from having equitable access to the kitchen.

COA ADVISORY COMMISSION

Representative Tougas

Mr. Tougas provided information on a report generated by the County's Affordable Housing Network. The report concentrated on the City of San Jose and did not contain much information regarding South County. The report did, however, contain select data on elderly individuals served in Santa Clara County by the Affordable Housing Network which could be useful to the Senior Advisory Committee at some point in the future. Mr. Tougas reported that during the past year, in Santa Clara County, there have been 81,000 requests for affordable housing.

Mr. Tougas reported the Council on Aging Advisory Commission elected three new members to the Senior Legislature.

CAG MEETING REVIEW

Representative Tougas for Committee Member Bautista

The Council on Aging has entered into a partnership with the Health Trust to provide grant money for the installation of safety grab bars and access ramps in the homes of qualified seniors. A member of the Senior Advisory Committee asked how seniors would learn about and qualify for the program. Mr. Tougas responded he would check with Steve Pendleton in the Business Assistance and Housing Services Department to find out if, in the past, any seniors in Morgan Hill had been denied such assistance. If so, those individuals would be contacted to see if they were still interested. Mr. Tougas stated the installation of the grab bars in fiberglass showers and tub enclosures had to be done by a professional trained to work with fiberglass. The Health Trust/Council on Aging will use *For Your Convenience* contractors to install the access ramps and grab bars. They have been trained to work on fiberglass walls. Teri Nelson offered to place an announcement about the program in the Senior Newsletter.

A representative from the City of San Jose attended the CAG meeting to announce the expansion of the Senior Companions Program into South County. This federally funded program had been exclusively in San Jose, but has recently obtained additional funding which will allow the program to expand beyond the borders of San Jose. The program matches seniors to act as companions to frail or homebound seniors. Companions receive a stipend of \$2.65 per hour plus additional auto insurance. The stipend would not affect Social Security, SSI or tax status. Companions usually work anywhere from 35 to 40 hours per week.

Mr. Tougas also reported the Brown Bag program is doing well.

CONSENT CALENDAR

1. APPROVAL OF MEETING MINUTES OF APRIL 2, 2002 Deferred to June 4, 2002 meeting.

BUSINESS

2. 2001-2002 SENIOR CENTER YEARLY REPORT - MT. MADONNA YMCA

Recommended Action: Report on 2001-2002 Senior Center Yearly Report submitted by the Mt. Madonna YMCA.

Deferred to June 4, 2002 meeting.

3. SITE VISIT TO EVERGREEN COMMUNITY CENTER NUTRITION PROGRAM

Recommended Action: Report on site visit to the Evergreen Community Center in San Jose on April 23, 2002.

Chair Gadway reported on the site visit to the Evergreen Community Center on April 23, 2002. Committee Members Gadway, Keig, Harkness and Mort participated in the site visit. Margarita Balagso accompanied the Committee Members. The group met with Joy Petite, Nutrition Site Manager. Ms. Petite took the group on a tour of the Community Center and of the kitchen and dining room. Ms. Petite explained the challenges of the joint-use kitchen. The kitchen is available to individuals and community groups on the weekends for special events. She has experienced theft and misuse the appliances and utensils by the renters who have access to the kitchen when Nutrition Program personnel are not present. The City of San Jose is planning to expand the Center in 2003 to provide more room for the Nutrition Program and add three meeting rooms with individual kitchen facilities to keep up with the communities demand for access to a kitchen. Margarita Balagso provided the Senior Advisory Committee with a summary of the visit (the summary is attached.)

Chair Gadway read the statement she prepared which provides background information on the Senior Advisory Committee's recommendation to research the cost of renovating the Friendly Inn to keep the Nutrition Program at the current site. Chair Gadway stated she would like to send this statement to the City Council and PRC. Vice-Chair Keig suggested a resolution from the Senior Advisory Committee might be in order to state the Committee's opinion regarding the need for a kitchen dedicated solely to the Nutrition Program. Vice-Chair Keig then suggested the resolution, the statement prepared by Chair Gadway and the summary of the visit to the Evergreen Center all be forwarded to the PRC and City Council. The members of the Committee agreed. Chair Gadway stated that adequate kitchen facilities are extremely important in any type of recreation/community center. Committee Member Bautista stated he had experienced problems similar to those at the Evergreen Center, at the Elks Club in Gilroy. In Gilroy, there had been misuse of utensils and appliances by renters. Committee Member Metcalf stated that her Antique Car Club rents the Friendly Inn. They are able to use the stove but everything else is locked. Chair Gadway pointed out that the kitchen in the Evergreen Center is 980 square feet and the dining area alone is 3087 feet. The kitchen, as planned, in the new Indoor Community Recreation Center will only be 600 feet. She stated she does not feel this is an adequate amount of space for a functional kitchen for the Senior Nutrition Program, especially if the kitchen has to be shared with renters and community groups. Committee Member Bautista asked who would be responsible at the new Indoor Community Recreation Center if an appliance broke or something needed to be repaired. Chair Gadway responded the County owns the appliances and utensils at the Friendly Inn. The County is responsible for the repair and maintenance of the appliances. No agreement as to who would own the appliances in the Indoor Community Recreation Center has been developed, but she believed that since the County regulates the Nutrition Program, the County would be responsible for the kitchen appliances.

Chair Gadway suggested a motion by the Senior Advisory Committee should be made to send the Site Visit Summary to the City Council and PRC. Vice-Chair Keig made the motion to forward the two documents to the City Council and the PRC. Committee Member Metcalf seconded the motion. Motion approved 6:0.

Chair Gadway then suggested an additional motion be made to forward the statement she prepared to the City Council and PRC on behalf of the Senior Advisory Committee. Vice-Chair Keig made the motion, Committee

Member Bautista seconded the motion. Motion approved 6:0.

Vice-Chair Keig composed a resolution to also be forwarded to the City Council and PRC. The resolution is as follows:

Resolved:

That the City of Morgan Hill Senior Advisory Committee recommends kitchen facilities be constructed in two discreet and separate units: one for the Senior Nutrition Program and one for community use. This could be achieved by including two kitchens at the future Indoor Community Recreation Center to be built on the Edmundson Avenue site or by building one kitchen at the Edmundson Avenue site and making improvements to the kitchen at the Friendly Inn.

Vice-Chair Keig made a motion to adopt the resolution as written and forward it to the City Council and PRC. Committee Member Harkness seconded the motion. Motion approved 6:0.

4. CALIFORNIA SENIOR LEGISLATURE - SANTA CLARA COUNTY NEWS <u>Recommended Action:</u> Information Only. Hand out monthly legislative update from California Senior Legislature.

Staff Balagso provided the Senior Legislature Newsletter in the Senior Advisory Committees' agenda packets. She announced the Gilroy Senior Advisory Committee is writing a letter in support of SB 1315 - Prescription Drugs. Chair Gadway suggested that members of the Committee peruse the update from the California Senior Legislature to look for items that could be of interest to the Committee. She stated Committee Members could bring items back to the June meeting for discussion and to consider whether the Committee would like to write a letter of support for a particular bill.

Staff Balagso stated she would gather more information on SB 1315 for the June meeting.

ANNOUNCEMENTS

Staff Balagso handed out flyers on the Senior Companion Program.

REQUESTS FOR FUTURE ITEMS

NONE

ADJOURNMENT to the next monthly meeting scheduled on June 4, 2002 at 2:00 p.m. in City Council Chambers.